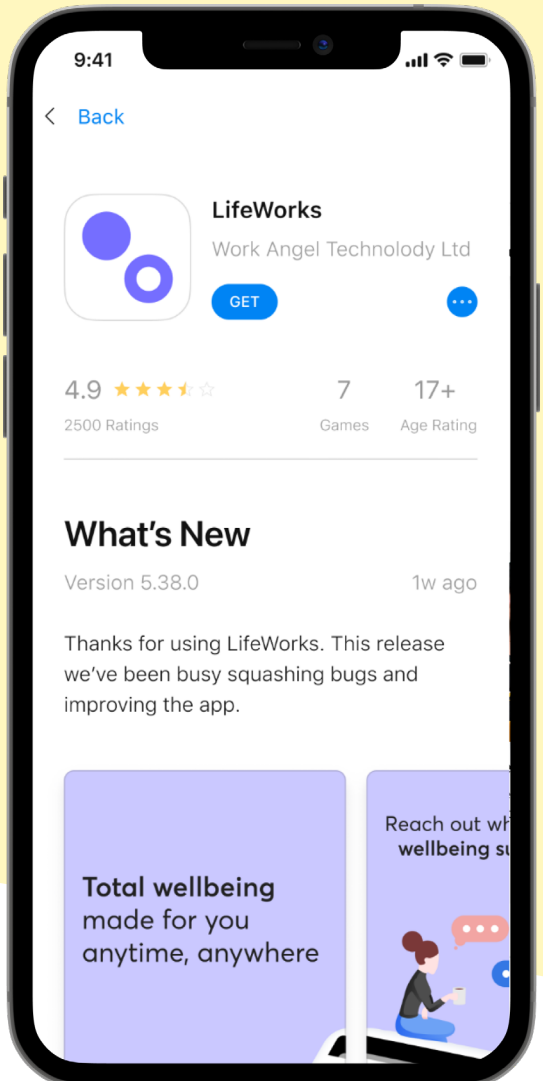



LifeWorks | IPBC Intergovernmental Personnel Benefit Cooperative

# Download the LifeWorks app

## Feel supported, connected and rewarded wherever you are!

With the innovative LifeWorks app, you can access qualified support for your mental, physical, social and financial wellbeing, any time, from anywhere.

- Search for resources and tools on topics ranging from **family** and **life** to **health, money and work.**
- Celebrate great work with Recognition and keep everyone connected with a social **News Feed.**
- Work out from home with **LIFT Virtual Session Fitness.** The virtual fitness classes make working out exciting, easy and efficient.

What's more, the app acts like your digital wallet card. You can call a LifeWorks **Employee Assistance Program (EAP)** advisor with just one tap – toll-free, 24/7 – for expert advice, resources and referrals.

### Download the LifeWorks app today for convenient access to wellbeing support!

1) Download the free app on Android or iOS - simply search for "LifeWorks". Click "Sign Up".

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2) Enter your invitation code: _____

3) Enter your unique code: _____

4) Create your personal login credentials (email and password).

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